

DECEMBER 2017 Child Nutrition Program

PreK-Grade 8

BREAKFAST

Monday

Tuesday

Wednesday

Thursday


Friday

4
Glazed Apple Roll, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

5
Apple Granola Bar, 1 oz
Cheese Stick, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

6
Glazed Cinnamon Roll, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

7
Banana Loaf, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit


1
 General Mills
Assorted General Mills Cereal, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit


11
Croissant, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

12
Try Some New for the Holidays
Gingerbread Treat, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

13
 ZEE ZEEs
Oatmeal Cocoa Chip Bar, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

14
Apple Granola Square, 1 oz
Cheese Stick, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fruit Cup

8
 General Mills
Assorted General Mills Cereal, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit


15
 General Mills
Assorted General Mills Cereal, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

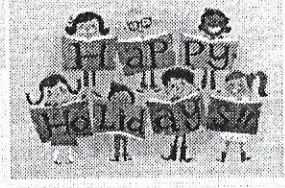
18
Glazed Cinnamon Roll, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

19
Croissant, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

20
Corn Muffin, 1 oz
Cheese Stick, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

21
Tis the Season
Gingerbread Treat, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

22
 General Mills
Assorted General Mills Cereal, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit



One of the following daily 1/2 cup Fresh Fruit Options: Banana or Apple or Pear

Milk is served with every meal.
Choose 1% White Milk or Fat Free White Milk.

ALL GRAIN PRODUCTS ARE WHOLE GRAIN.

